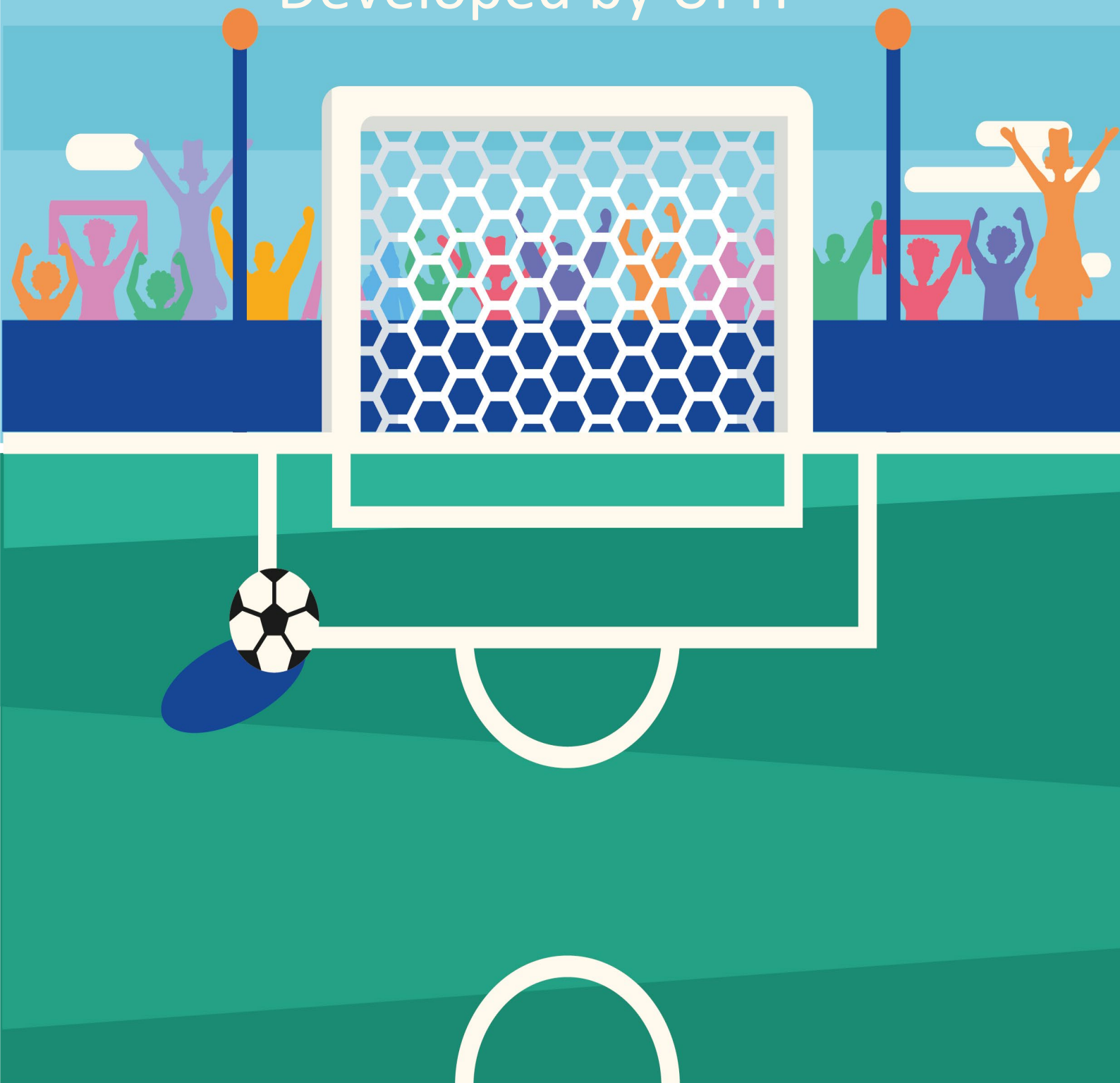




Lesson Plan for Module 2



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Module Title	Conceptualizing Racism / Racism Comprehension (on and off the field)
Target Group	Football coaches
Purpose of this module	The Module aims to build up coaches' capacity to understand racism and discrimination and recognize their drivers and effects. It forwards definitions of discrimination and racism and analyses interpersonal and institutional factors feeding such behaviours. It presents practical examples, forms and ways racist incidents unfold in the context of football, while illustrating effects on (younger) players, teams, football and society.
Learning Outcomes of the Module	Upon completion of this module, participants should be able to: <ul style="list-style-type: none">• Provide the definitions of racism and discrimination and explain these concepts• Identify mechanisms of racism and discrimination• List the interpersonal and institutional factors that generate/support racism and racist behaviours in society and in general• Provide examples on how racism and discrimination are expressed in/through sport and analyse those examples• Recognise the types and forms of racism (individual and institutional) and discrimination at the level of players, teams, football• Describe how racism is expressed within teams, society, new technologies and the media• Argue the way(s) racism impacts players, sport professionals, teams and everyone in football• Illustrate effects of racism and discrimination on players, teams, football and society in general.
Module duration	4 hours (2 hours/unit)
Topics	Unit 1: Understanding racism and discrimination in society (2 hours) Unit 2: Racism and discrimination: about forms, effects and impact in football (2 hours)





Preparation	<p>The trainer/lecturer must carefully read the content of the module and annexes and make sure s/he has at disposal all afferent educational resources.</p> <p>Minimal technical necessary equipment: laptop/PC, PC projector, Internet connection</p> <p>Trainees' prerequisites: basic knowledge and information regarding diversity, inclusion, equity, race</p>
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The Lesson Plan for F2F Learning

Unit 1: Understanding racism and discrimination in society (2 hours)

No.	Topics and Sub-topics	Learning Activities	Duration in minutes (indicative)	Training Methods <small>(e.g. presentation, group activity etc.)</small>	Materials/ Equipment Needed
1	Defining racism and discrimination. examples and explanation	<p>The trainer:</p> <ul style="list-style-type: none"> - introduces him/herself, welcomes participants, reminds them the context and goal of the training (TACKLE project); - uses a brief ice-breaking exercise, to allow everybody to know each-other (Annex 2); - presents then the titles of the module and its units and the LOs of the module and Unit 1 (slides 1-7 from Annex 1); - defines racism and discrimination in general/society, provides examples of racist acts & behaviours, and analyse them (slides 8-11, 13, 15-16 from Annex 1) - implements practical exercises 1-3 (tasks 1-3) (slides 12-14 from Annex 1); <p>The learners:</p>	<p>2 minutes</p> <p>5 minutes</p> <p>3 minutes</p> <p>37 minutes</p> <p>5+5+15 minutes</p>	<p>Presentation;</p> <p>Discussions/ Debates;</p> <p>Individual work;</p> <p>Group work;</p> <p>Work in pairs;</p>	<p>TACKLE_IO2_Annex 1_Module 2 by UPIT.pptx</p> <p>TACKLE_IO2_Annex 2_Ice-breaking exercise</p> <p>Laptop/PC</p> <p>PC projector</p> <p>Internet connection</p> <p>Unit 1 assessment test</p>



		- perform the tasks, interact with the trainer and with each-other.			
2	Mechanisms of racism	<p>The trainer:</p> <ul style="list-style-type: none"> - presents the mechanisms of racism and their diversity (slide 18 from Annex 1) - explains the mechanisms and provide examples (slide 18 from Annex 1) <p>The learners:</p> <ul style="list-style-type: none"> - interact with the trainer and with each-other. 	<p>3 minutes</p> <p>3 minutes</p>		
3	Individual and institutional factors of racism	<p>The trainer:</p> <ul style="list-style-type: none"> - presents the individual and institutional factors of racism, provides explanations for why racism exists and shares examples of individual and institutional racism (slides 19-23 from Annex 1) - implements practical exercise 4 (task 4); <p>The learners:</p> <ul style="list-style-type: none"> - perform the task, interact with the trainer and with each-other. 	<p>30 minutes</p> <p>5 minutes</p>		
4	Recap	The trainer recaps the main knowledge presented in Unit 1	2 minutes	Presentation	
5	Unit 1 assessment test	The trainer applies the assessment questions for Unit 1, by providing learners the test (on paper or online)	5 minutes	Individual work	
Total time Unit 1			2 hours		
Unit 2: Racism and discrimination: about forms, effects and impact in football (2 hours)					



No.	Topics and Sub-topics	Learning Activities	Duration (minutes) (indicative)	Training Methods (e.g. presentation, group activity etc.)	Materials/ Equipment Needed Required
1	Racism and discrimination in sport and football	<p>The trainer:</p> <ul style="list-style-type: none"> - reminds then the title of Unit 2 and presents its goal and LOs (slides 25-27 from Annex 1); - describes the racism and discrimination in sport/football and supports its ideas with arguments and findings from studies (slides 28-30 from Annex 1) <p>The learners:</p> <ul style="list-style-type: none"> - interact with the trainer and with each-other. 	<p>2 minutes</p> <p>10 minutes</p>	<p>Presentation;</p> <p>Discussions/ Debates;</p> <p>Individual work;</p> <p>Group work;</p>	<p>TACKLE_IO2_Annex 1_Module 2 by UPIT.pptx</p> <p>TACKLE_IO2_Annex 3_Mind map</p> <p>Flipchart</p> <p>Flipchart papers</p> <p>Coloured markers</p> <p>Laptop/PC</p> <p>PC projector</p> <p>Internet connection</p> <p>Unit 2 assessment test</p>
2	Racism in world sport and football through examples: cases of racism	<p>The trainer:</p> <ul style="list-style-type: none"> - presents and discusses cases of racism in football, by engaging learners through reflective questions and tasks (slides 31-34 from Annex 1); - implements practical exercises 5-6 (task 5-6); <p>The learners:</p> <ul style="list-style-type: none"> - perform the tasks, interact with the trainer and with each-other. 	<p>10 minutes</p> <p>15+10 minutes</p>		
3	Types and forms of racism expressed at the level of players, teams, football	<p>The trainer:</p> <ul style="list-style-type: none"> - introduces racism as the most common form of discrimination, in both professional and grassroots football; define, exemplify, analyses forms of racism in 	<p>15 minutes</p>		



		<p>football at all levels (slides 35-38 from Annex 1)</p> <p>The learners:</p> <ul style="list-style-type: none"> - interact with the trainer and with each-other. 		
4	Effects and impact of racism in football	<p>The trainer:</p> <ul style="list-style-type: none"> - uses testimonies of people in football and reports findings to emphasise the effects and impact of racism (slides 39-40 from Annex 1) - implements exercise 7 (task 7) in slide 41 from Annex 1; <p>The learners:</p> <ul style="list-style-type: none"> - perform the task, interact with the trainer and with each-other. 	<p>10 minutes</p> <p>15 minutes</p>	
5	Racism in football expressed in internet, new technologies and media	<p>The trainer:</p> <ul style="list-style-type: none"> - describes – with explanations and data – how racism is expressed and reflected by Internet, radio, TV and social media (slides 39-40 from Annex 1) - implements exercise 8 (task 8) in Annex 3 and exercise 9 (task 9) in slide 46 from Annex 1; <p>The learners:</p> <ul style="list-style-type: none"> - perform the tasks, interact with the trainer and with each-other. 	<p>- 10 minutes</p> <p>15+1 minutes</p>	
6	Recap	The trainer recaps the main knowledge presented in Unit 2	2 minutes	Presentation
7	Unit 2 assessment test	The trainer applies the assessment questions for Unit	5 minutes	Individual work



		2, by providing learners the test (on paper or online)		
		Total time Unit 2	2 hours	
Duration of the Module		4 Hours		
Training Material for F2F Learning (list any material a trainer will need to deliver the training)	<p>TACKLE_IO2_Annex 1_Module 2 by UPIT.pptx</p> <p>TACKLE_IO2_Annex 2_Ice-breaking exercise TACKLE_IO2_Annex 3_Mind map</p> <p>Flipchart</p> <p>Flipchart papers</p> <p>Coloured markers</p> <p>Laptop/PC</p> <p>PC projector</p> <p>Internet connection</p> <p>Unit 1 assessment test</p> <p>Unit 2 assessment test</p> <p><u>Note:</u></p> <p>Worksheets in the annexes should be printed/multiplied for all learners (and the same for unit assessment tests if they are not applied online)</p>			
Sources – Additional Reading	<p>https://www.un.org/en/fight-racism/background/the-road-to-fight-racism</p> <p>https://www.learningforjustice.org/magazine/its-still-good-to-talk-about-race</p> <p>https://sitn.hms.harvard.edu/flash/2020/the-seven-factors-behind-racism-in-the-u-s-today/</p> <p>https://www.tandfonline.com/doi/full/10.1080/14708477.2021.1979571</p>			