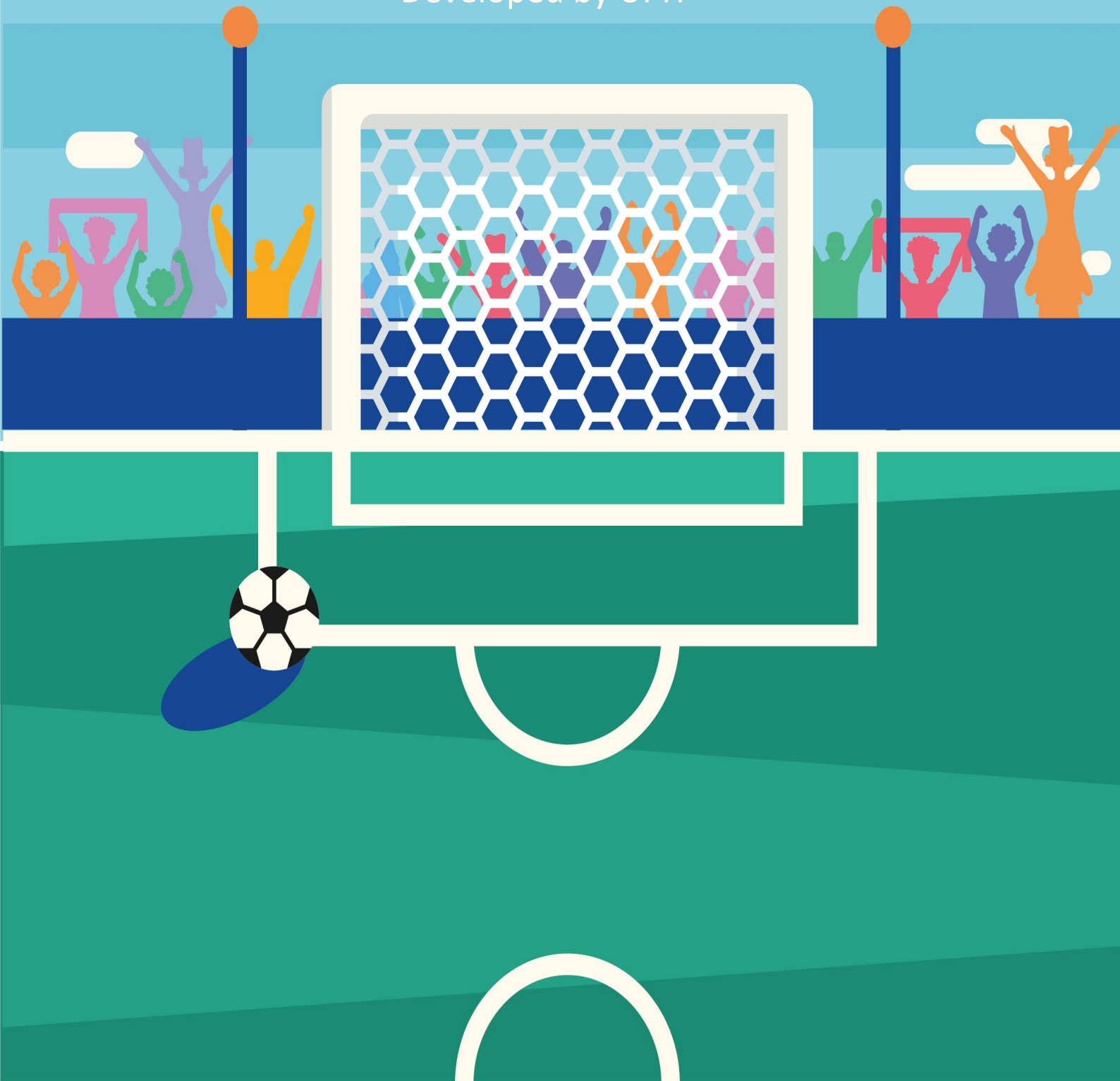


Lesson Plan 2 for Coaches

(Module 2-related)

Developed by UPIT





Lesson Plan 2 for Coaches (Module 2-related)¹

Developed by UPIT

Lesson Title	Understanding and fighting racism in football
Target Group	Young players in grassroots football
Learning Outcomes of the Module	Upon completion of this module, players should be able to: <ul style="list-style-type: none">• Identify what racism looks like in football and provide real examples• Recognise forms of racism and discrimination in football at the level of players• Discuss ways racism affects football (players, coaches, managers, etc.) and illustrate impact/effects on players
Lesson duration	1 hour
Preparation	The coach must prepare the theoretical content of the lesson and the practical exercises and make sure s/he has at disposal all afferent educational resources. Minimal technical necessary equipment: laptop/PC, PC projector, Internet connection Players' prerequisites: basic knowledge and information regarding diversity and inclusion

¹ Adapted from https://resources.afl.com.au/afl/document/2020/08/27/10dd81a5-c8dc-4aed-9dd7-90201423e83c/AM-6909-0419-AFLSchools_Curriculum_Racism-in-Sport_Y5-6.pdf





Topics	Learning Activities	Duration in minutes (indicative)	Training Methods (e.g. presentation, group activity etc.)	Materials & Equipment Needed
	<p>The coach:</p> <ul style="list-style-type: none"> - presents football as an environment still marked by racism and exemplifies what racism looks like in football - describes forms of racism and discrimination of football players - provides examples of racist acts in football adapted to the age and level of understanding of the player-learners and explains the examples - emphasizes on the physical and psychological effects of racism on football players and illustrates with real cases these impact/effects on players 	20 minutes	Presentation	PPT created by the coach Laptop/PC PC projector Internet connection Whiteboard
	<p>Based on all previously discussed issues, to make the connection with the next activity, the coach:</p> <ul style="list-style-type: none"> - asks the class if they understand the racism in football, its forms and effects. - asks learners to share their understanding of the issues - on a whiteboard writes down what the learners are sharing, to refer to later in the next activity - splits the class in two equal groups; - asks each group to create a Code of Conduct for their football club (or school) that includes a protocol for calling out/addressing those who do not abide by the code of conduct respectfully - while working, recommends groups to fructify ideas summarised on the whiteboard, adapt and include them in the code of conduct - when finished, asks each group to share their Code and discuss rules and how they must start implement them in own club/school 	30 minutes	Reading Debate Group work	Whiteboard





Recap	The coach recaps the main knowledge presented in Lesson 2	2 minutes	Presentation	---
Lesson 2 assessment test	The coach applies the assessment questions for Lesson 2, by providing players a brief assessment test (on paper or online)	5 minutes	Individual work	Lesson 2 assessment test