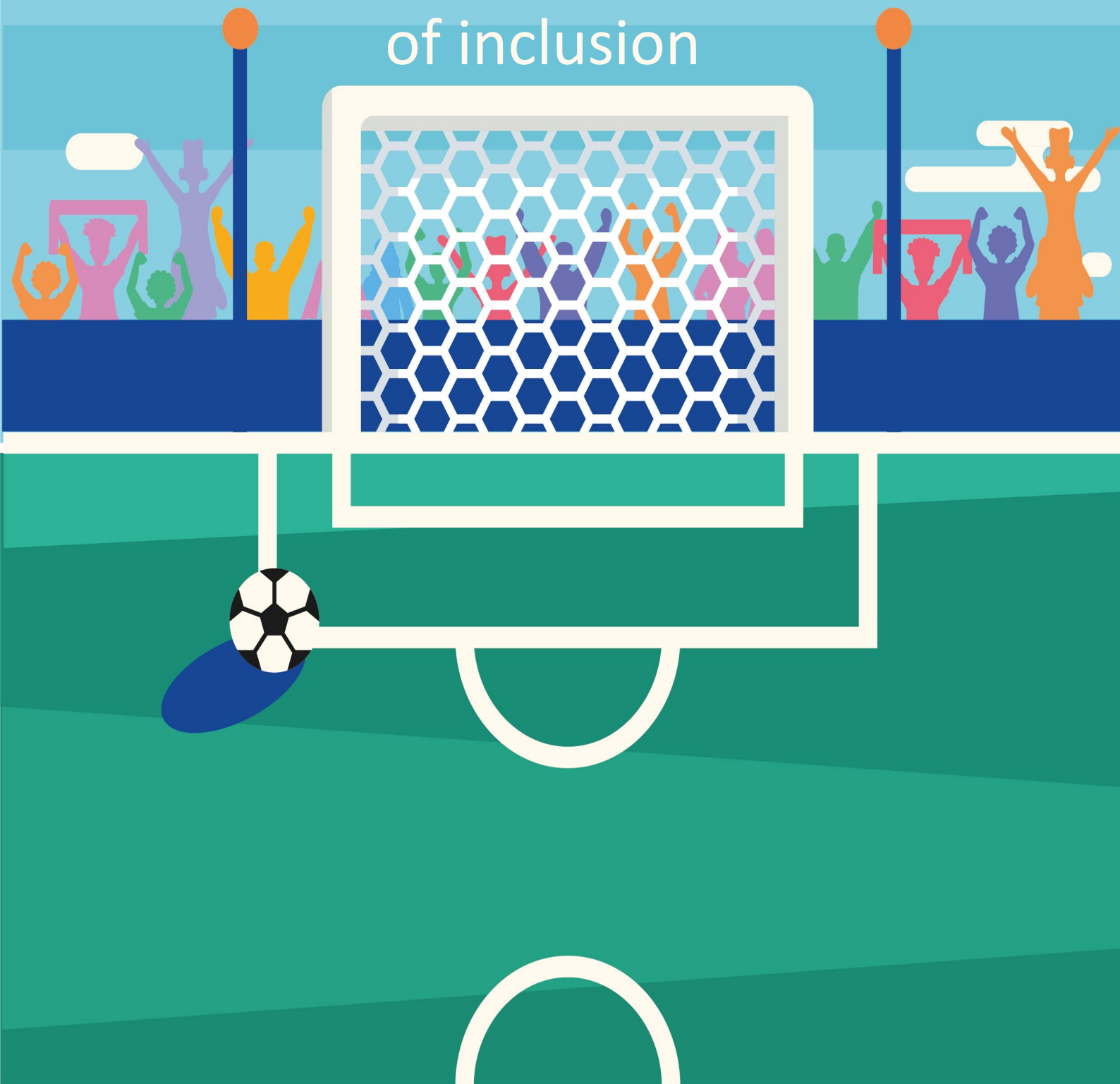




Module 6



Making a football Club a space of inclusion



Co-Funded by
the Erasmus+ Programme of
the European Union

This project has been funded with support from the European Commission. This publication reflects the views only of the author, and the Commission cannot be held responsible for any use which may be made of the information contained therein.
Project Number: 622561-EPP-1-2020-1-CY-SPO-SCP



Lesson Plan Template

Module Title	Making a football Club a space of inclusion
Target Group	Football club's workers, volunteers, players, coaches
Learning Outcomes of the Lesson Plan	Upon delivering this Lesson Plan, your learners should be able to: <ul style="list-style-type: none">• Identify barriers to participation• Improve club's structures regarding diversity and inclusion• turn training into a safe space Know how to measure impact and progress
Module duration	2 hours
Topics	Participation for all, inclusivity, discrimination, barriers
Preparation	Go through Module 6 of the Curriculum Gather the material required for the training/workshop Prepare a short presentation on the agenda, themes and objectives of the training/workshop Make arrangements for coffee/catering for the participants





The Lesson Plan for F2F Learning					
Nr .	Topics and Sub-topics	Learning Activities	Duration (minutes)	Training Methods (e.g. presentation, group activity etc)	Materials/ Equipment Needed
1	Introduction	<p><u>Presentation</u></p> <ul style="list-style-type: none"> - Using a PowerPoint presentation provide a short overview of the workshop, its objectives and the themes it will cover - Give participants the opportunity to share with the group their expectations from the workshop and any initial ideas and views they have on the topic and the themes to be covered 	10 Minutes	Presentation - Discussion	<ul style="list-style-type: none"> • Powerpoint Presentation, • Laptop/PC • Projector
2	Being involved in football: Benefits & obstacles	<p><u>Discussion</u></p> <ul style="list-style-type: none"> • Initiate a discussion with the participants asking them to share their thoughts on the following: <ul style="list-style-type: none"> ○ What are the benefits that may arise from an individual's involvement in football? • Note down their views and suggestions on a board or a flipchart. You can review the information in Annex 1 to help you guide and add to the conversation • Having collected the participants' suggestions, introduce a second phase of a conversation <ul style="list-style-type: none"> ○ Which groups of individuals may face a threat of exclusion from football and why? ○ What are the causes of exclusion from sport for these groups? • Note down their responses on a flipchart or a board 	45 minutes	Discussion	<ul style="list-style-type: none"> • Flipchart/Board • Markers





3	Coffee Break		10		
4	Creating an Inclusive Football Club - 1	<p><u>Group Work</u></p> <ul style="list-style-type: none"> Divide participants into two groups and ask them, taking into consideration the discussion of the previous session, to discuss and note down important issues that need to be taken into consideration so that a club can ensure that it is a space of inclusion Groups should write down their points and views on an A3 paper and identify a representative to present them to the 'plenary'. Following the presentations, lead a discussion with the participants 	20 minutes	Group activity and presentation	<ul style="list-style-type: none"> A3 Paper Pens/pencils markers
5	Creating an Inclusive Football Club - 2	<p><u>Group Work</u></p> <ul style="list-style-type: none"> Divide the participants into two groups. Each group will represent an administrative board of a club that should work collectively to prepare its Equality & Inclusion policies. The participants should note down the principles their policy should abide to and the processes that will be set in place to ensure that their team is inclusive and everyone involved is being respected. Groups should write down their points and views on an A3 paper and identify a representative to present them to the 'plenary'. Following the presentations, lead a discussion with the participants 	20 minutes	Presentation and discussion	<ul style="list-style-type: none"> A3 Paper Pens/pencils markers
6	Reflection	<p><u>Reflection</u></p> <ul style="list-style-type: none"> Ask the participants to share with the group their thoughts and views on what was discussed during the workshop Ask them to think of all the things discussed during the workshop how will they change their approach as coaches 	10 Minutes	Discussion – Reflection	-
8	Feedback	Give out the workshop evaluation forms and ask the participants to fill them out	5 minutes		-
Duration of the Module			2 Hours		





**Training Material
for F2F Learning
(list any material a
trainer will need to
deliver the training)**

- Laptop
- Projector Board
- Whiteboard
- Paper sheets
- Pens



