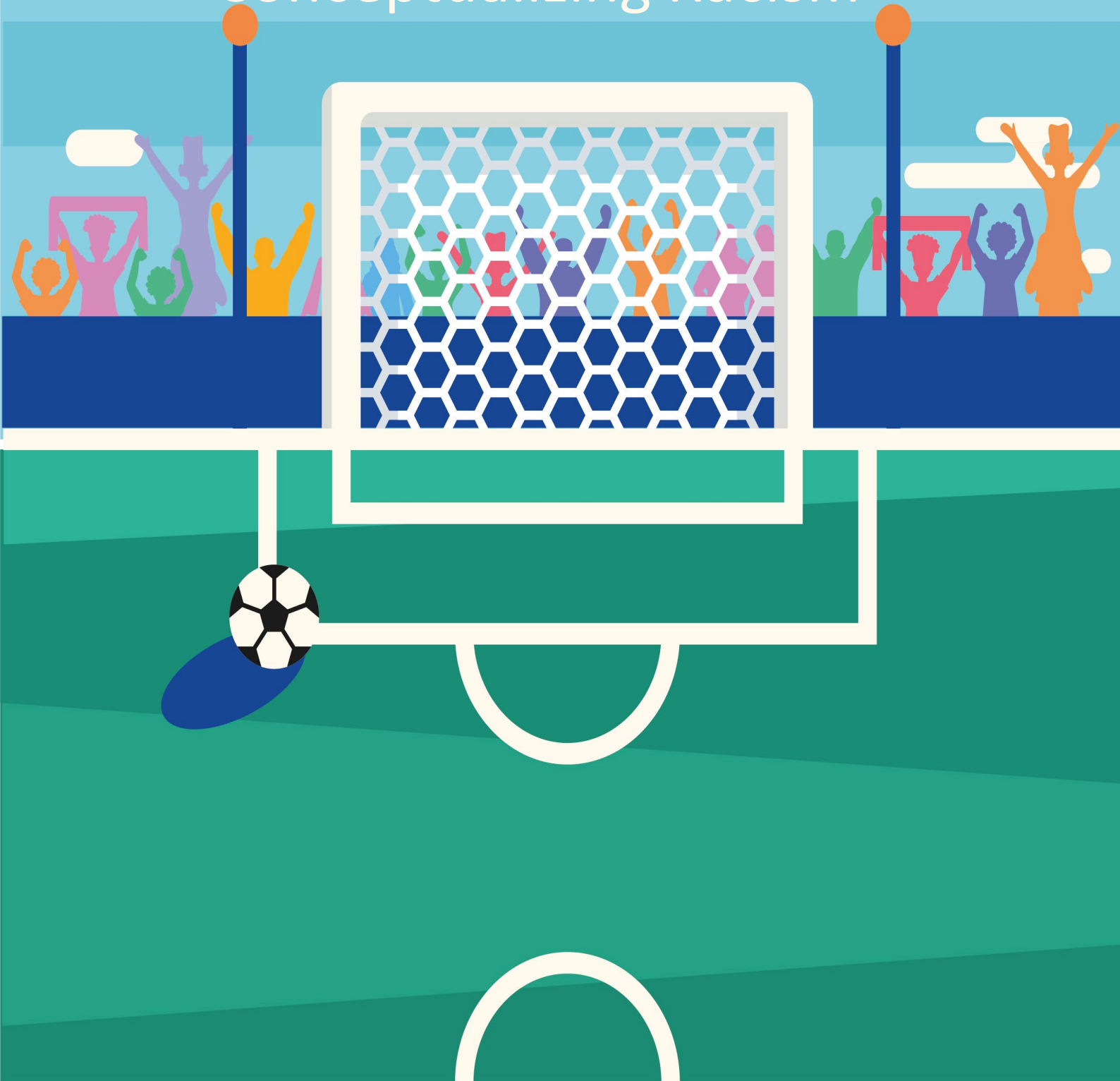


## Module 2

# Conceptualizing Racism





## Lesson Plan Template

<b>Module Title</b>	Conceptualizing Racism
<b>Target Group</b>	<b>Football Coaches, Football Officials, Grassroot Football Club Staff, Stakeholders</b>
<b>Learning Outcomes of the Lesson Plan</b>	<b>Upon delivering this Lesson Plan, your learners should be able to:</b> <ul style="list-style-type: none"><li>• Understand the definitions, concepts and mechanisms of racism and discrimination and how they are expressed in/through sport;</li><li>• List the interpersonal and institutional factors of racism and how it is expressed within teams, society, new technologies and the media;</li><li>• Recognise the types and forms of racism and discrimination, as well as their effects on players, teams, football and society in general;</li></ul>
<b>Lesson duration</b>	2h
<b>What does this lesson plan cover</b>	Definitions of Racism, Effects of Racism, Racism in Football
<b>Preparation</b>	Go through Module 2 of the Curriculum Gather the material required for the training/workshop Prepare a short presentation on the agenda, themes and objectives of the training/workshop  Make arrangements for coffee/catering for the participants





The Lesson Plan for F2F Learning					
Nr	Topics and Sub-topics	Learning Activities	Duration	Training Methods	Materials/ Equipment Needed
1	Introduction	<p><u>Presentation</u></p> <ul style="list-style-type: none"> <li>Using a PowerPoint presentation provide a short overview of the workshop, its objectives and the themes it will cover</li> <li>Give participants the opportunity to share with the group their expectations from the workshop and any initial ideas and views they have on the topic and the themes to be covered</li> </ul>	5 Minutes	Presentation - Discussion	<ul style="list-style-type: none"> <li>Powerpoint Presentation</li> <li>Laptop/PC</li> <li>Projector</li> </ul>
2	Defining Racism & Discrimination	<p><u>Discussion</u></p> <ul style="list-style-type: none"> <li>Ask participants to take 3-5 minutes to write on three post-it's the definition of 'Racism' and 'Discrimination' and 'Stereotyping'.</li> <li>Collect the post-its and put them on a board for everyone to see. Go through their answers and initiate a conversation with the group, on the definition and their understanding of the terms, their distinction and forms of expression.</li> <li>Conclude the session by briefly illustrating the definitions of racism, discrimination and stereotyping as they are found in Module 2 – Unit 1 of the Curriculum</li> </ul>	25 minutes	Discussion	<ul style="list-style-type: none"> <li>Post-its</li> <li>Pens</li> <li>Board</li> <li>PowerPoint</li> </ul>
3	Drivers and Expressions of Racism	<p><u>Group Work</u></p> <ul style="list-style-type: none"> <li>Divide participants into groups of 5 and ask them to discuss and note down:               <ul style="list-style-type: none"> <li>What do they consider as the main causes-factors of racism</li> <li>The ways racism is being expressed-observed in society</li> <li>Examples of racism</li> </ul> </li> </ul>	20 minutes		<ul style="list-style-type: none"> <li>A3 papers</li> <li>Markers</li> <li>Flipcharts - Board</li> </ul>





		<ul style="list-style-type: none"> <li>One representative from each group will present to the 'plenary' the views and examples noted down by their group. Once the presentations are completed, you should offer the opportunity to the participants to share their views on what was discussed and add to the presentations of their colleagues.</li> </ul>			
4	Coffee Break		10 minutes		
5	Racism in Football	<p><u>Discussion</u></p> <ul style="list-style-type: none"> <li>Initiate a conversation with the participants covering the following topics/questions: <ul style="list-style-type: none"> <li>Do you believe that football has a racism problem? If yes, in what forms is it being expressed?</li> <li>Which groups of individuals are vulnerable or potential victims of racism in football?</li> <li>How does racism impacts players, teams, the sport?</li> </ul> </li> </ul>	25 minutes	Discussion	<ul style="list-style-type: none"> <li>Flipchart or Board</li> <li>Markers</li> </ul>
6	Racism on the Internet and the Media	<p><u>Discussion</u></p> <ul style="list-style-type: none"> <li>Initiate a conversation with the participants covering the following topics/questions: <ul style="list-style-type: none"> <li>Do you feel that racist views and tendencies are being expressed and promoted by the media and the internet? If yes, how?</li> <li>How do these mediums/channels affect the players and the sport?</li> <li>What steps can you, as football coaches and/or professionals, need to take to support your players to counter that effect?</li> </ul> </li> </ul>	20 minutes	Group work	<ul style="list-style-type: none"> <li>Copies of the examples in Annex I</li> <li>4 A3 papers</li> <li>Markers</li> </ul>
7	Reflection	<p>Reflection</p> <ul style="list-style-type: none"> <li>Ask the participants to share with the group their thoughts and views on what was discussed during the workshop</li> <li>Ask them to think of all the things discussed during the workshop whether they think that 'Racism or exclusion are compatible in any way with the values of sport or the position and effect of football in society'</li> </ul>	10 Minutes	Discussion – Reflection	<ul style="list-style-type: none"> <li>Board-Flipchart</li> <li>Marker</li> </ul>





8	Feedback	Give out the workshop evaluation forms and ask the participants to fill them out	5 minutes		Evaluation Form
<b>Duration of the Module</b>				2 Hours	
<b>Training Material for F2F Learning (list any material a trainer will need to deliver the training)</b>		<ul style="list-style-type: none"> <li>Projector</li> <li>Laptop</li> <li>A3 Papers</li> <li>Pens/Pencils</li> <li>Markers</li> <li>Board/Flipchart</li> <li>Copies of the Examples in Annex 1</li> <li>Evaluation forms</li> <li>Note Cards</li> </ul>			



