



Collection of Learning Resources

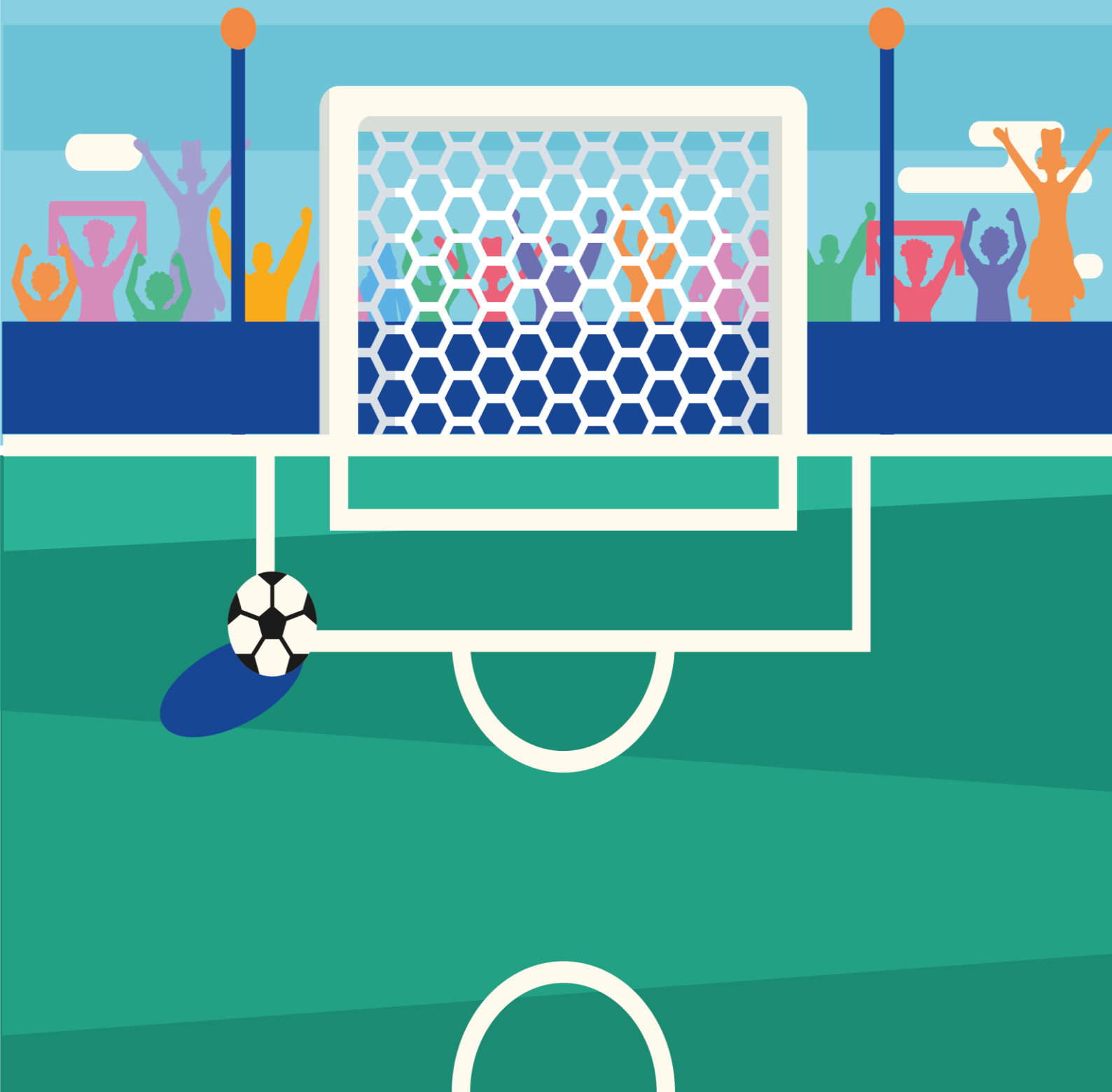




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Learning Resources

Chapter 1 – Introduction: Racism in football: a paradox

Resource Title	Short Description	Type of Resource	Web link (reference)
<i>Micah Richards: Tackling Racism in Football</i>	Documentary that stresses importance of learning why racism takes place	Sky Documentaries and Now TV	https://www.skysports.com/football/news/11095/12196377/micah-richards-documentary-stresses-importance-of-learning-why-racism-takes-place
<i>Football4Peace International</i>	F4P is a multi-dimensional research, educational and social engagement platform.	Training platform	https://www.football4peace.org.uk/
<i>Social Values in Sport</i>	Building social values in Physical Education and Sport from Valores sociales y deportes	Research Paper	https://www.efdeportes.com/efd199/social-values-and-sports.htm
<i>Sport against Racism Ireland talk sport for cultural integration and social inclusion</i>	SARI show how a shared passion for sport is encouraging social integration in Ireland and a digital archive for Ireland's sporting heritage could improve social cohesion	Guidelines	https://pro.europeana.eu/post/sport-against-racism-ireland-talk-sport-for-cultural-integration-and-social-inclusion

Key Points – Learning Resources

- Social Values for Sport especially football
- Sport as a way to promote and amplify values of inclusion, positive change, cultural integration, etc.

Chapter 2 - Racism Comprehension (on and off the field)



Resource Title	Short Description	Type of Resource	Web link (reference)
Sports and discrimination in Europe	The perspective of young European research workers and journalists on the subject.	Policy Paper	https://rm.coe.int/sport-and-discrimination-in-europe-the-perspectives-of-young-european-/1680734be3
Fighting discrimination in sport	The reality of discrimination, Legal and policy framework European Parliament involvement, Funding opportunities and projects, Gay sporting events and Racism	Research Paper	https://www.europarl.europa.eu/RegData/etudes/BRIE/2021/696163/EPRS_BRI(2021)696163_EN.pdf
Racism in Football- analysing the impact of players protests and social media.	Looking at rising awareness of racism in football, the role played by social media in exacerbating the issue and whether players taking the knee has had the intended impact.	Publication	https://worldfootballsummit.com/racism-in-football-analysing-the-impact-of-player-protests-and-social-media/

Key Points – Learning Resources

- Definitions, concepts and mechanisms of racism and discrimination and how they are expressed in/through sport
- Effects of racism on players, teams, football, and society in general





Chapter 3 – Coaches' Role and contribution against racism in football

Resource Title	Short Description	Type of Resource	Web link (reference)
Grassroots Football Safeguarding Children (The FA)	Working together to safeguard football, our policy and procedures. Let's make football safe, not sorry	Training Material	https://www.thefa.com/football-rules-governance/safeguarding/policy-downloads
Code of Behaviour underage	'Maintaining Appropriate Levels of Behaviour in our Work with Children and Young People'	Paper	https://www.gaa.ie/api/pdfs/image/upload/ukepuvlq3qhyie10jfqy.pdf
Journal of Sport and Social Issues	Rethinking Sport land: A new Research Agenda for the Sport of Development and Peace Sector.	Research Article	https://journals.sagepub.com/doi/abs/10.1177/0193723519867590?journalCode=jssa
Show Racism the Red Card (SRTRC) potential barriers to the effective implantation of the anti-racism message	This discussion paper focuses on anti-racist groups associated with British Association football (soccer) and the barriers that they face in relation to effective implementation of the anti-racism message and	Discussion paper	https://www.tandfonline.com/doi/full/10.1080/14660970.2014.919280





	aspirational cultural change.		
INAR -Irish Network Against Racism	10 things you can do about racism in Ireland	Paper	https://inar.ie/10-things-you-can-do-about-racism-in-ireland/

Key Points – Learning Resources

- The role of the coach in grassroots football - trainers, role models, mentors, and educators as well as the role they can play in preventing and tackling racism and discrimination.
- The power of the "Ripple Effect" and the foundations of Applied Sociology of Sport
- What is Sport for Development Theory and how can football be used for social change and anti-racist behaviours
- Ways to effectively deal with a wide range of different types and forms of expression of racism within teams, highly competitive football, society, new technologies and the media.





Chapter 4 – Preventing and Tackling Racism in Football

Resource Title	Short Description	Type of Resource	Web link (reference)
How managers can promote healthy discussions about race	Research paper that introduces how to embrace and reframe conflict, make inclusion a long-term investment and be proactive about inclusion efforts.	Paper	https://hbr.org/2016/01/how-managers-can-promote-healthy-discussions-about-race
Tackling racism in football: from silence to speaking out	Highlighting the not-so-beautiful side of the beautiful game.	Article	https://theconversation.com/tackling-racism-in-football-from-silence-to-speaking-out-151265
Racism in Football: FA not doing enough to support victims of racism	News article highlighting the extent of racism in football and impact on victims of racism	Newsround Article	https://www.bbc.co.uk/newsround/49607804
Sport and discrimination: the media perspective	How can the press and media professionals relay information about anti-discrimination initiatives in their sports reporting?	Publication	https://www.coe.int/t/dg4/anti-discrimination-campaign/ressources/Training_toolbox/Sport_Discrimination_Media_perspectives_en.pdf

Key Points - Learning Resources

- Talking about Racism – how to manage it in a team setting
- How to prevent racism in grassroots football club (Individual, Team and Community).
- Media literacy and how racism in football is reported





Chapter 5 – Resilience and Character Education

Resource Title	Short Description	Type of Resource	Web link (reference)
Discrimination: What it is and how to cope	For many people, discrimination is an everyday reality. Discrimination is the unfair or prejudicial treatment of people and groups based on characteristics such as race, gender, age or sexual orientation.	Toolkit	https://www.apa.org/topics/racism-bias-discrimination/types-stress
Mountain Kids	Building Character through Positive Coaching	Guideline	https://mountainkidslouisville.com/blog/building-character-positive-coaching/
PISA OECD Preparing our youth for an inclusive and sustainable world	Understand and appreciate the perspectives and world views of others	Training material	https://www.oecd.org/education/Global-competency-for-an-inclusive-world.pdf
Universality and Cultural Diversity in Moral Reasoning and Judgment	Many theories have shaped the concept of morality and its development by anchoring it in the realm of the social systems and values of each culture.	Article	rontiersin.org/articles/10.3389/fpsyg.2021.764360/full

Key Points - Learning Resources

- How to overcome personal obstacles linked to racism and develop personal resilience against adversities.
- How coaches can support their players in developing their character and resilience.
- How to promote and embrace a culture of positive change, moral reasoning, moral judgement and proactive behaviours within our clubs, our local and European communities





Chapter 6 – Making a Football Team a space of inclusion

Resource Title	Short Description	Type of Resource	Web link (reference)
The Boot Room part of England football	Making a Football Team a space of inclusion - How we are making diversity and inclusion happen	Paper	https://thebootroom.thefa.com/resources/coaching/how-we-are-making-diversity-and-inclusion-happen
The FA, Football and Inclusion	The FA and football's work involves a wide range of inclusion projects and programmes, many of which are featured in the IAD action plan reports.	Paper	https://www.thefa.com/football-rules-governance/inclusion-and-anti-discrimination/inclusion
Get your kit on A guide to grassroots sport and recreation	Grassroots sport and recreation play a huge role in the lives of millions of people across the length and breadth of the UK. From school sport and local clubs through to community schemes, grassroots sport and recreation provides a diverse mix of opportunities for people of all backgrounds and abilities and, for a small few, provides the foundation for a career at the elite level.	Training materials	https://www.sportandrecreation.org.uk/pages/grassrootsguide
Sportanddev.org A leadership theory for sport for development	There is no doubt that sport in general can be one of the best tools to support the process of personal development of young persons. All those passionately involved and engaged in sport for development, a subset that should be seen as an integral part of the broader "sport" field, are aware of		https://www.sportanddev.org/en/article/news/leadership-theory-sport-development





	its transformative impacts, both at individual and community levels.		
Show Racism the Red Card – Club Action Plan for Diversity and inclusion	An action plan to guide and support football clubs to promote equality and inclusion within their ranks	Document	
Show Racism the Red Card – Challenging Racism in Football	A factsheet to help clubs evaluate the current culture and environment and take necessary steps to create a more inclusive culture and environment to prevent racist bullying	Document	

Key Points - Learning Resources

- Recognise the importance of a positive environment – the elements and conditions that lead to inter-group acceptance and a sense of humanity (shared concerns, aspirations, and actions).
- What is Sport for Development Theory – Specifically the Components of Effective Sport for Social Change Programming
- How to create an attractive, enjoyable and inclusive space within grassroots football





Football Against Racism & Discrimination

Resource Title	Short Description	Type of Resource	Web link (reference)
#Enough – Combating hate online	A brief presentation of a campaign run by the by the Professional Footballers' Association (PFA) to raise awareness and call for action against racist incidents in football and in social media	Paper	
UEFA's #EqualGame Campaign	A brief presentation of UEFA's #EqualGame campaign to promote its vision that everyone should enjoy football	Paper	
<u>FARE Network – #FootballPeople weeks</u>	A brief presentation of the #FootballPeople weeks campaign that the FARE Network runs every year	Paper	
Twinned Peace Sport Schools Sa'ad Barju	The story of a young Arab-Israeli and how his involvement in a football programme helped her overcome stereotypes and build relationships with members of other ethnic groups		
Playing Fair, Leading Peace – Chana's case	The story of a Jewish Israeli student and how his involvement in a football programme was an opportunity to get a better perception of his society and the 'other side' of the conflict		





Key Points - Learning Resources

- Be aware of actions taken by and through football to tackle racism
- Understand the power of football to bring people closer and contribute to social change
- Have tangible examples of Football Action against racism and discrimination to use when interacting with players, fans, football professionals and stakeholders
- Take ideas and inspire action against racism







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